



National Alliance on Mental Illness

nami

Miami-Dade
County

FAMILY SUPPORT GROUPS

Do you have a loved one living with a mental health challenge?

Family Support Group for loved ones of individuals living with a mental health condition

- See the individual first, not the illness
- Aim for better coping skills
- Find strength in sharing experiences
- Reject stigma and not tolerate discrimination
- Forgive yourself and reject guilt
- Embrace humor as healthy
- Work for a better future in a realistic way



Please refer to our website or call the first time you attend to confirm the day and place.

English Family Support Groups

Baptist Hospital Medical Arts Building

8950 N. Kendall Drive Suite 105

Miami, FL 33176

4th Thursday of each month

7:00 pm – 8:30 pm

Club Fellowship

9827 Hibiscus Street

Palmetto Bay, FL 33157

1st Monday of each month

7:00 pm – 8:30 pm

For info call Steve (305)773-5328

Citrus Health Network – West Kendall

8765 SW 165th Ave Suite 114

Miami, FL 33193

3rd Monday of each month

7:00 pm – 8:30 pm

North Miami – Sant La Haitian Community Center **NEW! (Beginning April 25th, 2019)**

13390 West Dixie Hwy

North Miami, FL 33161

4th Thursday of each month (English/Spanish/Creole)

6:00 pm – 7:30 pm

Spanish Family Support Groups

Baptist Hospital Medical Arts Building

8950 N. Kendall Drive Suite 105

Miami, FL 33176

2nd Monday of each month

7:00 pm – 8:30 pm

Coral Gate Park – Computer Lab

1415 SW 32nd Ave

Miami, FL 33145

3rd Tuesday of each month

7:00 pm – 8:30 pm

For info call Silvia (305)815-6903

Citrus Health Network – Hialeah

4125 W 20th Ave Room 420-B

Hialeah, FL 33012

1st Wednesday of each month

7:00 pm – 8:30 pm

For info call Peggy (305)803-2802



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